

Development Level Tennis Classes

QuickStart tennis format will be used for our development classes. QuickStart teams and match play will be used. QuickStart Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. It is divided into two different levels – ages 8 and under and ages 10 and under.

It's the fast, fun way to get kids into tennis – and keep them playing. Classes in this program are designed to help the child enjoy this life long sport by learning the fundamentals, sportsmanship and etiquette.

Ankle Biters will learn the movements of tennis through eye/hand coordination drills, games and ball machine exercises. Your child will develop group work and body movements in a recreational and fun setting. Tennis shoes must be worn.

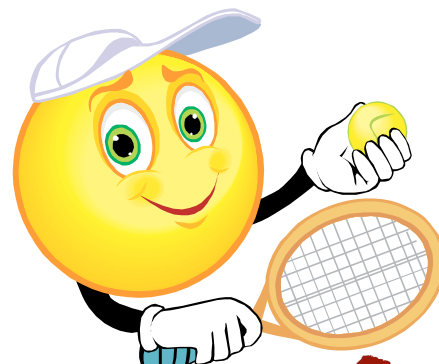
Development classes introduce grips, stroke patterns, timing and movements. All the shots of the game are introduced and developed. Shot selection and footwork are introduced as the player grows and strengthens. Rules and strategies of singles and doubles play are added as the student progresses. The student continues to build on the basic fundamentals as the student continues in the program.

Development Level: Tennis Class Schedule

Class	Ages	Club	Day	Time
Ankle Biters	3 - 4	North	Monday	5:00 - 5:30 PM
		East	Wednesday	4:30 - 5:00 PM
		East	Saturday	12:00 - 12:30 PM
Pee Wee	5 - 6	North	Monday	5:30 - 6:30 PM
		East	Thursday	5:00 - 6:00 PM
		East	Saturday	11:00 AM - 12:00 PM
Rookies	5 - 9	North	Monday	6:30 - 7:30 PM
		East	Saturday	12:30 - 1:30 PM
Points	9 - 12	East	Tuesday	5:00 - 6:00 PM
		North	Thursday	5:00 - 6:00 PM
		North	Saturday	9:00 - 10:00 AM
		East	Saturday	1:30 - 2:30 PM
Games	9 - 12	North	Wednesday	4:30 - 5:30 PM
		North	Saturday	10:00 - 11:00 AM
High Performance QuickStart	7 - 10	East	Monday & Wednesday	5:00 - 6:00 PM

High Performance QuickStart is designed for players looking to advance their game to the tournament level. This class will be structured using the QuickStart format, using low compression balls and shorter courts. Drills and games will focus on match tactics as well as specific skill development. Players must have prior experience with tennis classes or demonstrate the ability to compete at a higher level.

Terms 1 - 7 (5-week terms)		Class	Member	Nonmember
1	September 7 - October 11 <i>No classes on Monday, September 7 (Labor Day). Classes meeting on Monday will make up at a time arranged by the instructor and announced in class.</i>	Ankle Biters	\$34.00	\$42.00
		Pee Wee	68.00	82.00
		Rookies	68.00	82.00
2	October 12 - November 15	Points	68.00	82.00
		Games	68.00	82.00
4	January 4 - February 7	High Performance QuickStart	68.00	82.00
5	February 8 - March 14			
6	February 15 - April 25 <i>No classes will held during Spring recess, Sunday, April 4 - Saturday, April 10. Classes resume on Sunday, April 11.</i>			
7	April 26 - May 30 <i>No classes on Saturday May 29 or Sunday May 30. Classes meeting on Saturday or Sunday will make up at a time arranged by the instructor and announced in class.</i>			



Competitive Level Tennis Classes

Class registration requires approval of a staff professional. In addition to class time, program participants will be scheduled for supervised match play on weekends during the term.

Rising Stars introduces children to tennis as a discipline. Fun and structure are the major elements emphasized.

Varsity Stars is geared to an ability level, not an age level. It is for competitive players looking to excel towards the next level, whether that is on their high school team or in their tournament play. Technical and tactical skills will be the basis of this class. Students will learn to hit each stroke better and how to use them during competition.

Jr. Varsity emphasizes competitive techniques, development of individual playing styles, basic rules, sportsmanship, and etiquette.

Varsity is designed for the high school varsity player emphasizing strategy and tactics.

Competitive Level: Tennis Class Schedule

Class	Ages	Club	Days	Time
Rising Stars	8 - 12	East	Monday	4:00 - 5:30 PM
		East	Wednesday	4:00 - 5:30 PM
		North	Thursday	6:00 - 7:00 PM
Jr. Varsity	10 - 15	North	Sunday	1:00 - 2:30 PM
		North	Monday	4:00 - 5:30 PM
		East	Mon & Weds	5:30 - 7:00 PM
		North	Tuesday	4:00 - 5:30 PM
		North	Thursday	4:00 - 5:30 PM
Varsity	14 - 18	North	Sunday	1:00 - 2:30 PM
		North	Monday	4:00 - 5:30 PM
		North	Tuesday	4:00 - 5:30 PM
		North	Thursday	4:00 - 5:30 PM

Terms 1 - 7 (5-week terms)		Class	Member	Nonmember
1	September 7 - October 11 <i>No classes on Monday, September 7 (Labor Day). Classes meeting on Monday will make up at a time arranged by the instructor and announced in class.</i>	Rising Stars (North)	\$68.00	\$82.00
		1 days per week (90 min)	101.00	121.00
		2 days per week* (3 hrs)	183.00	219.00
2	October 12 - November 15	3 days per week* (4.5 hrs)	274.00	329.00
		daily	26.00	29.00
3	November 16 - December 20 <i>No classes on Thursday, November 26 (Thanksgiving). Classes meeting on Thursday will make up at a time arranged by the instructor and announced in class.</i>	* price reflects a 10% discount for attending 2 or 3 days per week		
4	January 4 - February 7			
5	February 8 - March 14			
6	February 15 - April 25 <i>No classes will held during Spring recess, Sunday, April 4 - Saturday, April 10. Classes resume on Sunday, April 11.</i>			
7	April 26 - May 30 <i>No classes on Saturday May 29 or Sunday May 30. Classes meeting on Saturday or Sunday will make up at a time arranged by the instructor and announced in class.</i>			



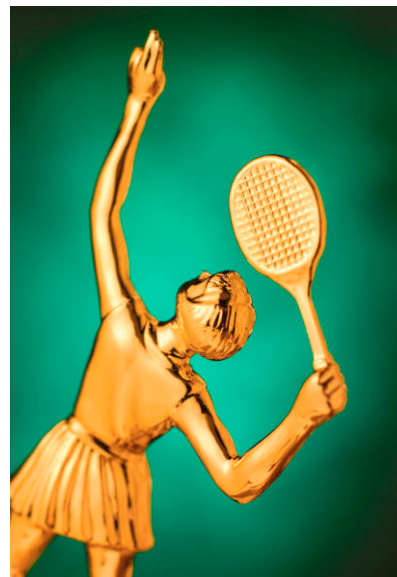
Tournament Level Tennis Classes

The tournament program is designed for the junior player actively pursuing year-round competition and sanctioned tournament participation. Intensive workouts, supervised competition, and tournament coordination are structured into these classes.

Placement in this level must be approved by Darren Gronski for Court One East classes.

Tournament Level: Tennis Class Schedule

Class	Club	Days	Time
Jr. Tour	North	Wednesday	4:30 - 6:00 PM
Tour	North	Monday & Wednesday	7:00 - 9:00 PM
Tour	East	Tuesday & Thursday	4:00 - 6:00 PM



Terms 1 - 7 (5-week terms)		Class	Member	Nonmember
1	September 7 - October 11 <i>No classes on Monday, September 7 (Labor Day). Classes meeting on Monday will make up at a time arranged by the instructor and announced in class.</i>	Jr. Tour	\$110.00	\$154.00
		Tour 1 day/wk	135.00	161.00
		Tour* 2 days/wk	243.00	287.00
2	October 12 - November 15	daily	35.00	39.00
		<i>* price reflects a 10% discount for attending 2 days per week</i>		
3	November 16 - December 20 <i>No classes on Thursday, November 26 (Thanksgiving). Classes meeting on Thursday will make up at a time arranged by the instructor and announced in class.</i>			
4	January 4 - February 7			
5	February 8 - March 14			
6	February 15 - April 25 <i>No classes will held during Spring recess, Sunday, April 4 - Saturday, April 10. Classes resume on Sunday, April 11.</i>			
7	April 26 - May 30 <i>No classes on Saturday May 29 or Sunday May 30. Classes meeting on Saturday or Sunday will make up at a time arranged by the instructor and announced in class.</i>			

