



# Fall/Winter Schedule

Court One North: 1609 Lake Lansing Rd. Lansing. 48912

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>Women's League Play</b> (Invite only)  <b>9am – 11:30pm</b>			
<b>Drop-in Play</b> (Skill level: 2.5 - 3.0) <b>12pm-3pm</b>  Members: Free Nonmembers: \$5	<b>Drop-in Play</b> (Skill level: 3.5+) <b>12pm-3pm</b>  <b>Additional Details -</b> Members: Free Nonmembers: \$5	Available for  <b>Member Reservation</b>	<b>Drop-in Play</b> (Skill level: 3.5+) <b>12pm-3pm</b>  <b>Additional Details -</b> Members: Free Nonmembers: \$5	Available for  <b>Member Reservation</b>	Available for  <b>Member Reservation</b>	Available for  <b>Member Reservation</b>
 Face Coverings required during play	 Face Coverings required during play		 Face Coverings required during play			

\*Level of play/rating verification may be required

## Program Descriptions

### Drop-in play:

These are times reserved for members and nonmembers to play together at Court One.

Registration is required in advance  
 Limit 15 players

### Member Reservation:

Pickleball courts are available for member reservation only. Guests are welcome, with a member.

Court fees are \$2/hour (free to Plus members)  
 Guest Fee: \$9

## Court One Memberships

Membership includes both locations, group exercise classes, pools, strength and cardio equipment. Court One members may also reserve courts for themselves and guests outside of scheduled play.

**Senior:(65+)** \$45/month      **Senior couple:** \$65/month

**individual:** \$65/month      **Couple:** \$85/month

Other memberships available. Inquire at the service desk.

## Frequently asked questions

### Q: How do I know which play time best suits my skill level?

A: *Playing times at Court One are designed to foster both inclusivity and exclusivity along with the benefits of both. The times offered in our schedule are done in a way that creates opportunity to teach, play and improve. This is accomplished by offering times for players at different skill levels to mingle as well as apart from each other. Please be certain you are playing at the level that best fits your skill level.*

### Q. How do I know what my rating is? (in many cases “rating” and “skill level” are synonymous)

A. *There are several ways to determine a player’s appropriate skill level. Guidelines are posted on the USAPA website for each level, here is a quick snapshot:*

1.0-2.0 · *A player at this level has no knowledge or the rules of pickleball and has very little sports or athletic experience (please start by attending our Intro to Pickleball class)*

2.5 · *A player at this level has limited experience. Can sustain a short rally with players of equal ability. Basic ability to keep score.*

3.0 · *A player at this level is able to hit and return medium paced shots with regularity. May lack the ability to consistently use depth and direction with their shots as well as maintain a dink rally.*

3.5+ · *A player at this level will have developed many of the consistencies missing at the 3.0 level. At Court One, we would suggest, and in some cases, insist, that to participate at the 3.5+ level that you show participation, with a game won in tournament play, at the level of the program/play time you are attending.*

### Q: What if I have never played in a tournament?

A: *There are a few options that may help identify the play time that corresponds with your level of play.*

- *Option 1: Look at the play times as Novice (2.5 -3.0), Intermediate (3.0-3.5+), and Advanced (4.0+). Attend the play times you think best describe your skill.*
- *Option 2: Start by attending a lower level play time. If you are consistently winning or losing, you should move up or down respectively.*
- *Option 3: Sign up for a tournament near you! The Lansing area and Court One Athletic Clubs hold tournaments throughout the year. They are a ton of fun and a great way to test your skills. Don’t be intimidated, whoever you are playing against is going to also be at your skill level.*
- *Option 4: Contact Xavier Moyer at [moye.xavier@courtone.com](mailto:moye.xavier@courtone.com) for a club rating to determine the correct level of play here at Court One.*

### Q: Does Court One have pickleball leagues?

A: *League play is currently by invitation only. This is to ensure the level of play and commitment from each participant of the league. If you would like information on creating a league or joining one of our existing leagues, please inquire at the service desk.*

### Q: Are playing times for members only?

A: *You do not have to be a Court One member to attend our playing times. However, members can attend all play times for no additional charge and a reduced rate for any instructor led classes. Members can also reserve court time outside of our regularly scheduled play times.*

### Q: How much is a Senior Membership at Court One?

A: *Senior Membership at Court One is just \$45/month for an individual 65+. (\$20/month more to add a spouse)*